



Pupil Anti Bullying Policy

At Brookfield House School we feel it is very important that pupils fully understand what it means to be bullied or to be a bully.

This is a policy for pupils.

What is bullying?

There are many definitions of bullying, but most of them have three things in common:

- It is *deliberately hurtful* behaviour
- It is *repeated* often over a period of time
- It is difficult for those being bullied to *defend* themselves

Bullying can take many forms but there are three main types:

- *Physical* – hitting, kicking, taking belongings
- *Verbal* – name-calling, insulting remarks
- *Indirect* – spreading nasty stories about someone, excluding someone from social groups, manipulating others
- *Cyberbullying* – using a computer or text messages to upset someone.

What can you do?

Tell your Class Teacher/Form Tutor or another responsible member of the school community if:

- You feel that you have been a victim of bullying
- You see bullying going on
- You have bullied someone yourself and would like to stop
- OR use the 'Problem Box' in the Secondary corridor

Telling is absolutely necessary

A bully believes they are safe as long as nobody tells. In fact, we help nobody – victim, school, bully or future victims – if we keep this behaviour secret. For victims and onlookers to tell is not just their right, it is their obligation.

Telling helps everybody

The whole school community has a responsibility to combat bullying. Any action taken will carefully consider the needs of both the victim and the bully.

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